



Polish YMCA
London Association
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Registered charity No. 253260

PACKING LIST

Riding Gear

- Riding gloves http://www.decathlon.co.uk/knit-adult-gloves-black-id_1305568.html

or http://www.decathlon.co.uk/riding-gloves-black-id_8239572.html

- Riding boots - we suggest the ankle length ones. All horse camp participants need riding boots

http://www.decathlon.co.uk/schooling-boots-black-id_6532505.html

or better quality:

http://www.decathlon.co.uk/classic-brown-boots-id_8206479.html

- Riding trousers – no seam on the inner thigh
http://www.decathlon.co.uk/discovery-jodhpurs-junior-black-id_8320128.html

Optional

- Riding crop: https://www.decathlon.co.uk/aachen-83-cm-crop-black-id_5096144.html
- Riding hat: https://www.decathlon.co.uk/c100-helmet-black-id_8485656.html

General Clothing

- Underwear/socks
- Sleepwear/Onesie
- 6 x T-shirts
- 2 x jumpers
- weatherproof jacket
- 1 x trainers
- 1 x flip-flops
- 2 x tracksuit bottoms/leggings
- 1 x shorts



Other

- Insect repellent
- Insect Bite and Sting Relief cream/gel
- Some spending money GB and Zloty (to be kept by the Dyrekcja 'Bank'). Please note that we do not have facility to change money on site.
- Toothpaste, toothbrush, hairbrush
- Cheap watch
- Mini alarm clock (remember, no phones allowed!)
- Shower gel, shampoo
- Sun screen
- **Towels are provided by Moszna**